

The Monthly Smile

What's *New* is Old...

Lunch Atop a Skyscraper is one of, if not the most famous photos taken during the Great Depression. “The Great Depression inspired some of the most memorable photographs of the 20th century by perfectly capturing the heartache and suffering of a nation out of work. Images of breadlines, derelict housing, and desperate mothers informed the cultural consciousness by bringing the Depression to newsstands across the United States.*”

But this photo tells a different story...

“The sight of 11 Rockefeller Center construction workers casually eating lunch across a beam hanging 850 feet in the air



Lunch Atop a Skyscraper is one of, if not the most famous photo taken during the Great Depression.

was a hopeful look at life in the ‘30s. It showed the world that New York City—and America as a whole—was still building, still progressing, and, most importantly, still working.*”

In 2017, are we really any different? Sure we have smartphones, Wi-Fi and slim LED TV’s that weren’t around in the 1930’s. But we still fret about the job market, the U.S. President, our retirement

accounts, and let’s not forget the weather.

We won’t soon forget the “Great Recession” of 2008. And we’ll have another recession in the not too distant future, and then another boom-bust-boom cycle. We’ll likely have another terrible terrorist attack somewhere, on somebody, just like we did on 9/11.

But we’ll get through it all (again)! Just as we did way back in the worst Depression ever, we’ll continue to work together, progress and grow. We’ll continue to proudly fly the flag of the U.S.A.!

Have a healthy month of smiles,
Tyler Williams, DDS

**Article excerpts from MentalFloss.com*



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As Featured on
KTALK
AM 1640
MEDIA.COM

DENTAL VIBE
INJECTION COMFORT SYSTEM

SIX MONTH SMILES

invisalign

PerioProtect

Academy
of General Dentistry

America's
Best
Dentists
2015

Good Things
This
Weekend
WEEKENDS ONLY

MEMBER
Utah Dental
Association

America's
Best
Dentists
2016

GNKIC





MiKayla's Vacation!

Every summer my family takes a trip to Bear Lake in Garden City, Utah. My stepgrandma has a great cabin that is right on the water. It's a cool little cabin shaped like an octagon and it's one of the best places to be in the summer!



Not only because Bear Lake is warm during the day and cools down at night, but there are so many activities we love to do including paddle boarding, canoe rides, and laying in the

sun. Paddle boarding is not as easy as it looks. Keeping your balance is definitely hard when boats and jet skis create some serious waves and falling off is just way too cold!

We also took our puppies this year and taught them how to swim. My little toy poodle Nutty loved it!



We always go out to eat for hamburgers, fries and raspberry shakes at Merlins. It's definitely the best small burger place in Garden City. And you have to stop at the Chocolate Bear for chocolate covered raspberries! And every trip isn't complete without a campfire and s'mores.

We also had the most beautiful sunsets every night and the sounds of waves is so calming.

Bear Lake was the most relaxing vacation and if you haven't been there, just remember to wear sunscreen!



Employee of the Month...

MiKayla

MiKayla is one of our wonderful hygienists in our office.



She loves cleaning teeth and giving everyone bright, healthy smiles! In her free time, she loves spending time at Bear Lake and playing volleyball. She also loves watching movies and spending time with her family and friends.

She has an adorable puppy named Nutty and her name fits her well!



Help a

Both of my grandfathers served in historical wars, one in WWII and the other in the Korean Conflict. I was always interested in their stories, their medals, and especially what it took to sacrifice and serve our country! Now it's my turn to give back to someone who really needs it...

One special Veteran is going to get a new smile makeover, at no charge, courtesy of my office.

It's worth up to \$24,000 in full mouth restorations, including any crowns,

restorations, implants and gum treatment. They will feel, eat and chew great! We need you to nominate a special Veteran for us

Here is how to do it.

- 1. Make a short video** about the special Veteran you have in mind. For example it could include a brief story about the person you are nominating, you could tell us about their situation. The video doesn't have to be professional, you can make it with any mobile device or computer.
- 2. Post the video** on either [facebook.com/pinedent](https://www.facebook.com/pinedent) or [instagram.com/pine_dental](https://www.instagram.com/pine_dental)

It's NOW or NEVER!

Be sure to use those 2017 dental benefits that you've already paid for!
Make your appointment now!!

MiKayla's TOP 3 PLACES

- Hawaii**—I love the greenery, the sun and the sand!
- Oregon**—The Tillamook Cheese Factory and the sunsets are incredible!
- TopGolf**—It's just a fun time! And it makes for a great date!



Couples Winter *Getaway!*

Win a 7-Day Mexican Cruise for 2, Including Airfare!



Each referral counts as an entry.

The winner will be announced on **January 2, 2018!**

Escape the daily grind. Enjoy the beautiful, warm Mexican Riviera!

You and a guest will enjoy beautiful **Cabo San Lucas, Mazatlan, Puerto Vallarta**, fine dining, fun activities, and majestic views! *All paid for by Dr. Williams!*

It's simple. We love making people smile, improving health and building lasting relationships. This

giveaway is to say thank you and ask a huge favor.

If you know anyone who is unhappy with their dentist, hasn't been in for some time, or wants a Smile Enhancement, we're here to help. Send them our way!

Refer in a new friend, family member or co-worker, and you're **automatically entered** to win this prize!

a Vet Smile!

- Visit PinecrestDDS.com/veteran-smile to submit your nomination on our website
- The most qualified candidates will be interviewed, and one special candidate will be selected to receive a complete smile makeover!
- Submit your nomination no later than 5 PM on November 6, 2017.

The winner will be announced on Veteran's Day, November 11th!

Julie

Show Off Your Smile,

With *Confidence!*

Enhance your Smile with an Inclusive Dental Implant, and get a

FREE Utah-inspired outdoor photo session at Gardner Village on us!

(\$148 bonus value)

Offer expires on 10/15/2017

WORD SEARCH

I	B	A	C	K	P	A	C	K	S	T
K	T	T	S	E	I	L	P	P	U	S
E	C	U	O	A	K	T	T	Y	N	I
S	E	O	L	C	A	R	R	Y	A	K
K	C	O	R	K	R	S	E	L	L	E
O	L	L	A	E	F	R	O	K	K	R
O	S	T	I	T	D	E	T	A	J	F
B	D	S	U	E	O	D	H	I	S	O
Y	N	I	D	Y	E	L	G	U	P	A
O	A	D	T	T	L	U	I	Y	A	I
L	A	E	C	O	O	O	E	T	R	U
P	K	R	A	E	L	H	W	C	T	Y
A	J	D	C	O	K	S	R	E	S	T
I	T	O	L	L	O	O	H	C	S	C
U	U	T	H	G	I	L	O	L	L	E

See how many of these newspaper related words you can find in the puzzle. The words can be forward, backward or diagonal.

Created by Sue Lindlauf
Grand Forks Herald 2013

- | | | |
|-------------|--------------|--------------|
| 1. BACKPACK | 5. WEIGHT | 9. BOOKS |
| 2. LIGHT | 6. SCHOOL | 10. SUPPLIES |
| 3. PADDED | 7. CORE | 11. CARRY |
| 4. STRAPS | 8. SHOULDERS | 12. LOAD |

"I have to admit I am scared of the dentist. After my first visit here I'm not. From the moment I walked in I was treated with friendly and caring service. The staff didn't treat me like a patient number but like a friend. I would recommend them and have to anyone I know looking for someone who not only will do a great job but will make the whole process as stress free as possible."

- Nettie Lewis

"The staff here are so fun and helpful. I know exactly what's happening at any time, and I love that! They are upfront with everything and very helpful. Definitely recommended."

- Kassie Farr

What's Inside?

- Employee of the Month
- Help a Vet Smile
- Insurance Benefits Deadline
- Word Search
- Couples Winter Getaway
- MiKayla's Vacation and more!

Patient of the Month!



This is George, one of the amazing patients at our office, and we are celebrating him as the patient of the month!

Some fun things about George is he is the president of his model train club and in his free time he enjoys watching Nascar races. His favorite racer is Tony Stewart. He also enjoys listening to 60s and 70s music such as The Beatles, Journey, and George Harrison.

After his dental appointments with us George enjoys treating himself to a strawberry milkshake from Crown Burger. We want to thank you, George, for being an amazing patient and always having a fun topic of discussion for us when you come into the office. We will see you next time!

Pinecrest Dental
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DCM

Sugar Free Watermelon Sorbet



Ingredients:

- 1¼ cups XyloSweet
- 1¼ cups water
- 6 cups watermelon chunks, seedless
- 2 tbs. lime juice

Directions:

Place the XyloSweet and water in a medium sauce pan and dissolve over low heat. Once the XyloSweet is completely dissolved, remove from heat and allow to cool.

In a blender or food processor, puree the watermelon until smooth. Add the lime juice and XyloSweet mixture then pulse to mix.

Freeze in an ice maker according to the manufacturer's directions. Serve with a squirt of fresh lime juice or a drizzle of balsamic reduction.

- Source: <http://www.xlear.com/natural-sweeteners/recipes/>

Congratulations Candace and Jim!



Candace and Jim are the winners of the Traeger Grill Giveaway we had for July 2017. Thanks for referring your friends and family into our office. We have enjoyed meeting great people just like you guys! Thanks a million!

Thank You!

Thanks to everyone who supported our Flag Day Donations and Fundraiser for our Veterans!

